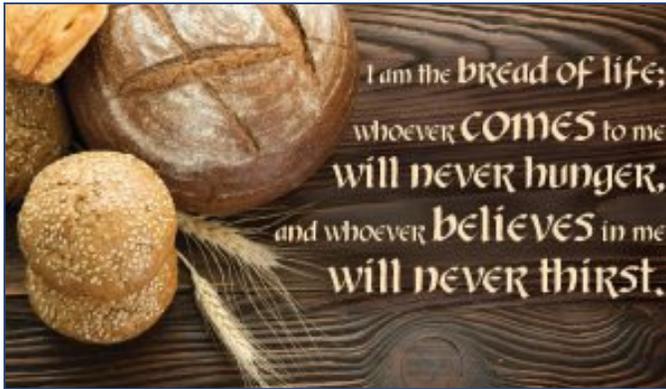


We are nourished each Sunday when we come to Mass. We are nourished by the word of God. We are nourished by the Eucharistic meal. The people in today's readings need nourishment as well — both physically and spiritually. In the Gospel, Jesus reveals himself to be the Bread of Life, the source of everlasting sustenance. Since our hunger can always be satisfied in Jesus, we turn to him today for nourishment.



Readings for this Week

MONDAY: Dn. 7:9-10, 1-14; 2 Peter 1:16-19 Mk. 9:2-10
TUESDAY: Jer. 30:1-2, 12-15, 18-22; Mt. 14:22-36
WEDNESDAY: Jeremiah 31:1-7; Mt. 15:21-28
(or) 1 Corinthians 2:-10a; Luke 9:57-62
THURSDAY: Jeremiah 31:31-34; Matthew 16:13-23
FRIDAY: 2 Corinthians 9:6-10; John 12:24-26
SATURDAY: Habakkuk 1:12—2:4; Matthew 17:14-20
(or) Philippians 3:8-14; Matthew 19:27-29

Reading for next Sunday

(Nineteenth Sunday in Ordinary Time)

1 Kings 19:4-8

*Strengthened by that food,
Elijah walked to the mountain of God.*

Ephesians 4:30--5:2

Walk in love, just like Christ.

John 6:41-51

I am the living bread that came down from heaven.

PRAYERS REQUESTED

We ask your prayers for **Steven Tyler Everitt**, a former Saint Anne parishioner, who died recently in Florida. Notes of sympathy may be sent to his mother, Eileen Everitt, at 8487 Lesterfield Lane, Glade Spring, VA 24340.

“1st Tuesday”

ADORATION of the Blessed Sacrament

This Tuesday, August 7, begins after morning Mass (approx. 9a) and concludes with Benediction at 9 p.m. *Can you spare an hour from your summer day to come spend time in prayer with our Lord? **Join us!***

A Message from Father Chris...

I want to expand a bit on what I wrote last week, but also what I said in my homily. In the Mass this weekend, we are continuing to hear the Bread of Life discourse from John's Gospel. We are hearing some of the Scriptural basis for the Church's teaching about the Eucharist. We are learning two things listening to this that go together. We are not only learning the basis for what we believe about the Eucharist, we are also learning about the importance of the Mass.

This weekend, we hear Jesus making statements about the importance of seeking not food that perishes, but rather food that endures for eternal life. He is saying this to people who have already received this food. His message to them is now that they have received this food that endures for eternal life, seeking it should be their greatest priority. It should even be more important than seeking food to sustain their bodies, but will perish, and not sustain them for eternity. The message is simple. Once they have tasted and experienced the Bread of Life, their lives should be focused on continuing to seek this Heavenly food.

I have heard people comment in the past about how prior to the second Vatican council they were taught that missing Mass on the weekend was a mortal sin. Many of these same people also said how glad they were that the Church does not teach this anymore. Well, that is not quite true. The Church does still teach this. What changed in the language of Vatican II, is how this issue is presented.

I'll explain. The Council taught, and rightly so in my opinion, that emphasizing the mortal sin was not going to do much to change people's minds. Telling people that they must do something or be in a state of mortal sin may scare some people to action, but it does not really motivate anyone to be where they need to be. However, if we emphasize the importance of this sacrament, it is presented in a different way. What we receive in this sacrament is a most sacred gift from our God. When we make other things in our lives more important than receiving this gift, it is like saying we do not need God.

It is my hope that those who come to receive this sacrament, do so not out of fear, but out of a desire to be united to Christ. We gather here, because we have received Christ in our lives. We have tasted the Bread of Life, and we return here each week, because we now know that nothing else we experience in this world can complete our lives the same way being united to Jesus Christ can.

Senior High Youth Ministry (Grades 9-12)

Upcoming Schedule:

- **Aug. 12—Parent/Youth Meeting (GR/BYC 6-8pm)**
 - Meeting in the Great Room
 - At least one parent must accompany their teen!
- **Sun., Aug. 19—Fun Night!**
 - The Escape Room
- **Sun., Aug. 26—NO SHYM**
 - Regional Catechist Day
- **Sun., Sept. 2—NO SHYM**
 - Labor Day Weekend
- **Sun., Sept. 9—Youth Group (BYC 6:00-8:00 p.m.)**
 - “Why am I here?”

**PARISH PASTORAL COUNCIL
NOMINATIONS and ELECTIONS**

PPC nominations will be taken in the commons

NEXT weekend: **August 11/12.**

PPC Elections will be held at the Masses on Sept. 8/9.

Any parishioner, eighteen years of age or older, who is a practicing Catholic in good standing with the Church, and a registered member of St. Anne’s may serve on the Pastoral Council.

St. Anne Parishioners (Catholics, age 18+) may nominate up to 3 parishioners (you may nominate yourself!) for a three-year term on the Council. If you’ll be out of town next weekend, you can call 276-669-8200 ext. 0 or email stannes@stannes-bristol.org your nominations by 4pm Monday, Aug. 13. Nominees will be contacted to see if they are willing to run for election. Those running will then submit a photo and Q&A form by Aug. 26.

The PPC serves the Pastor and parish in a variety of ways. It is responsible for communicating with the Pastor the needs/desires of the parish, consulting with him in matters involving the welfare of parishioners and assisting in activities concerning the spiritual and temporal welfare of our parish.

Special Notes...

Dear Parishioners,

I would like to extend a sincere thank you to St. Anne’s parishioners for your thoughts, prayers, and expressions of sympathy when my son, Sean, died unexpectedly in March. May God bless you for your kindness.

Dr. Matt Snyder

Dear St. Anne’s Parishioners,

Thank you so very much for your thoughts, prayers, cards and kind expressions of sympathy in the passing of our brother-in-law, Rudi Bieck. May God bless you all.

Sincerely,

Connie & Brendan McSheehy



**HOSPITAL/HOMEBOUND
Eucharistic Minister
of Holy Communion
Needed!**

We need at least one more person to help distribute Communion to the Catholics at the hospital. If you would like to be part of this very important ministry, please contact Sydney at sydneyfarnum@stannes-bristol.org or 276-669-8200 ext. 32.

HELP NEEDED!!!!

We have an elderly parishioner who needs a ride to Mass. She lives at Leisure Towers. She cannot get into a high vehicle like a truck or SUV, so you’d need a regular size car with room in your trunk to put her wheelchair. If you can help, please call Sydney at 276-669-8200 ext. 32 or email sydneyfarnum@stannes-bristol.org.

Prayer Shawl members are reminded of our gathering this **Wed., August 8, at 10 a.m.** at the **St. Vincent de Paul Center**. New members are always welcome to join us.

Prayer Group meeting this week:

Wednesday, August 8, 2:45-3:45 p.m.

In the St. Vincent de Paul Center

All are invited to attend. No preparation, no cost. Join us for an hour of prayer!



Rite of Christian Initiation of Adults

- **Catechumens & Candidates** meet this **Wed., August 8**, in the **Great Room, 6:30pm-8:00pm.**
- **Inquirers** will meet in the church office conference room. Stop by the **Great Room** for opening prayer at **6:30 p.m.**

For more information about our RCIA, please contact Sydney Farnum at sydneyfarnum@stannes-bristol.org or 276-669-8200 ext. 32.

FRIENDSHIP CLUB

St. Anne’s Friendship Club will meet on **Thursday, August 16**, at **11:30 a.m.** at the **Olive Garden** (exit 7). Please call Gina Rossetti at 423-878-7827 by Tuesday, August 14 to reserve your spot for lunch.

New members are always welcome to join us!



Mass Intentions

Saturday, August 4 (*Vigil: 18th Sunday/Ordinary Time*)

5:30 p.m. †Rose Scalzo

Sunday, August 5 (*18th Sunday in Ordinary Time*)

8:30 a.m. †Margaret McDevitt

10:30 a.m. †Mabel Gokey

2:00 p.m. Parishioners (*Spanish Mass*)

Tuesday, August 7

8:30 a.m. †Henry Hofmeyer

Wednesday, August 8

8:30 a.m. †Trancito Macias

Thursday, August 9

6:00 p.m. †Paul Goldman

Friday, August 10

7:30 a.m. †Ann P. Rogers

Saturday, August 11 (*Vigil: 19th Sunday/Ordinary Time*)

5:30 p.m. †Milly Venardi

Sunday, August 12 (*19th Sunday in Ordinary Time*)

8:30 a.m. †Marge Burress

10:30 a.m. †Chloe Stewart

2:00 p.m. Parishioners (*Spanish Mass*)

POPE'S INTENTIONS—FOR AUGUST

To better know, "the concrete problems that trouble the Universal Church, especially those of the missions", the Holy Father asks that his monthly intention be "the object of knowledgeable and responsible prayer on the part of the people of God."

The Treasure of Families. That any far-reaching decisions of economists and politicians may protect the family as one of the treasures of humanity.



Parish Support

Collection Report: July 28/29, 2018

Regular Collection	\$11,938.48
Add'l St. Anne's School	\$ 68.00
Campaign 2018/Debt Reduction	\$ 125.38

2nd Collection this weekend (*1st Sunday of the Month*) for St. Anne Catholic School. Thank you for your generosity and support of our school! (*2nd collections are taken up during the Offertory right after the regular operating collection.*)

HOLY DAY COLLECTION: August 15

There will be ONE collection taken up at our Holy Day Mass for the Assumption (Wed., Aug. 15 at 12:15 & 7p)—during the Offertory. Holy Day collection monies are for the operating fund.

This Week in Adult Faith Formation:

Monday, August 6:

- **Monday Adult Faith Formation—Popes and the Papacy** "What is Papal History and When Did It Begin?" 1:00pm-2:30pm at the St. Vincent de Paul Center. Please sign-up at the table in the commons to join the study group.

Tuesday, August 7:

- **Book Club** is on Summer Break until September
- **Tuesday Evening Scripture Study** is on a short summer break.

Wednesday, August 8:

- **Little Rock Scripture Study, 1:00pm-2:30pm** in the St. Vincent de Paul Center. *The Gospel According to Mark*
- **RCIA 6:30pm-8:00pm** in the Great Room.

For more information about any of the above programs, email sydneyfarnum@stannes-bristol.org or call 276-669-8200 ext. 32.

CYBERCRIME

Cybercrime is hitting dioceses nationwide. If you should receive an email that shows the parish's pastor or a parish priest as the sender requesting you to purchase a gift card, rest assured it is a scam. Parishioners can and should contact the parish to verify the legitimacy of any suspicious request received through email. All cybercrime should be report to the FBI at <https://www.ic3.gov/default.aspx>. It is up to the victim of cybercrimes to file complaints.

Do you know an OLDER ADULT Who could use a Friendly Call?

Commonwealth Catholic Charities' Call Reassurance program provides lonely and shut-in seniors with regular phone calls from caring volunteers. Seniors feel encouraged knowing a compassionate friend is only a phone call away. To make a referral or to volunteer, call 804-545-5916.

World Wide MARRIAGE ENCOUNTER

*Do you hunger for a deeper love in your marriage?
Let Jesus fill your hunger.*

Join us on a Worldwide Marriage Encounter Weekend —
**September 21-23 in Herndon, Virginia or
November 9-11 in Atlantic Beach, NC.**

Early sign-up is recommended. For more information, please visit their website at <https://renewmarriage-vasouth.org/> or contact them at applications@renewmarriage-vasouth.org or call 757-690-1359.

BAPTISM

Baptism Preparation Class—August 11

Our next Baptismal Preparation Class is scheduled for **Saturday, August 11, 12noon to 2pm in the Great Room**. If you have a child under the age of 7 who needs baptism or you are expecting the birth of your child soon, please plan to attend. The nursery will be provided for siblings, if needed. **To register**, please call Sydney Farnum at 276-669-8200 ext. 32 or email sydneyfarnum@stannes-bristol.org no later than **Wednesday, August 8**.

Council of Catholic Women

Meeting: Monday, August 13

The Council of Catholic Women will have a meeting on Monday, August 13 at the Columbian Center at **6:30 p.m.** We will plan events for the coming 2018-2019 year. If interested in joining CCW, please contact Eileen Gibney for information at 423-652-7425 or email her at egibneysas@yahoo.com.

LOOKING AHEAD JUST A BIT.....

- **Assumption of the Blessed Virgin Mary**
HOLY DAY OF OBLIGATION
Wednesday, August 15
Masses at 12:15 and 7 p.m.
- **St. Anne's School—First Day of School**
Monday, August 20

Formed.org

(Church code: 24Q8G9)

Our parish has a subscription to formed.org so that all parishioners can go online to this great website without paying for an individual membership. Formed is provided by **Augustine Institute**. Go to the homepage and register with your email address and our church code. You can access good quality religious education programs, bible studies, movies and CDs. Stop by the table in the commons to pick up an informational sheet about FORMED. If you need any help getting registered, please contact Sydney at sydneyfarnum@stannes-bristol.org.